## **CLAIMS**

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- 1 A sheet like substrate comprising a substantially non-polar material having coated onto at least one side thereon an anchor coating to aid subsequent coating thereon of a polar coating and/or layer, characterised in that the anchor coating comprises
- (a) a polymer comprising an optionally substituted  $\alpha$ ,  $\beta$  carboxylic acid optionally of high acid value preferably the polymer having a low  $T_{\alpha}$ ;
- (b) a polymer comprising an optionally unsubstituted  $\alpha$ ,  $\beta$  carboxylic acid optionally of low acid value preferably the polymer having a high  $T_{\alpha}$ ;
- (c) a cross-linker, preferably added after a period of time to a mixture of polymers (a) and (b) to cross-link the resultant coating composition and increase the  $T_g$  thereof.
- A sheet as claimed in claim 1, in which the polar coating or layer is selected from: a pressure sensitive adhesive and/or a metal.
  - A sheet as claimed in claim 1 or 2, in which the polar coating is a metal layer
- 4 A sheet as claimed in any preceding claim in which the polar coating is aluminium.
  - 5 A sheet as claimed in any preceding claim in which component (a) comprises a high acid imminated acrylic polymer.
- A sheet as claimed in any preceding claim in which component (a) is present in an amount from about 50% to about 90% by weight of the dry coat.
  - 7. A sheet as claimed in any preceding claim in which component (a) is present in an amount from about 70% to about 80% by weight of the dry coat.
  - 8. A sheet as claimed in any preceding claim in which component (b) comprises an alkyl methacrylate polymer
- 9 A sheet as claimed in any preceding claim in which component (a) is present in an amount from about 5% to about 50% by weight of the dry coat.
  - 10. A sheet as claimed in any preceding claim in which component (a) is present in an amount from about 10% to about 30% by weight of the dry coat.
- 40 11. A sheet as claimed in any preceding claim in which component (c) comprises an arizidine cross-linker

- 12. A sheet as claimed in any preceding claim in which component (c) comprises trimethylol-tris(N(methylaziridinyl))propionate.
- A sheet as claimed in any preceding claim in which component (c) is present in an amount from about 0.1% to about 20% by weight of the dry coat.
  - 10. A sheet as claimed in any preceding claim in which component (c) is present in an amount from about 1% to about 10% by weight of the dry coat.
  - 11. An anchor coating composition as represented in any preceding claim.

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- 12. A liquid anchor coating composition comprising components (a), (b) and (c) as represented in any preceding claim plus a liquid carrier.
- 13. A liquid coating composition as claimed in claim 12, in which the liquid carrier is water.
- 14. A liquid coating composition as claimed in either claim 12 or 13 which further comprises a wetting agent.
  - 15. A coating composition as claimed in any of claims 11 to 14 which further comprises a means to inhibit the cross-linking component (c).
- 25 16. A method for coating at least one side of a substantially planar self supporting sheet, the method comprising the steps of:
  - a) optionally treating the sheet surface (optionally by primer coat and/or corona discharge) to better receive a coating;
  - b) preparing a coating composition as claimed in any of claims 11 to 15.
- 30 (c) applying and fixing said formulation to at least one surface of the sheet to form a coating thereon.
  - (d) optionally drying the coating on the sheet to remove excess liquid.
- 17. A method for coating at least one side of a substantially planar self supporting sheet, the method comprising the steps of:
  - (a) optionally treating the sheet surface (optionally by primer coat and/or corona discharge) to better receive a coating;
  - (b) preparing a coating composition as claimed in claims 16,
- (c1) applying and fixing said formulation to at least one surface of the sheet to form40 a coating thereon.

- (c2) just before, sequentially, or simultaneously with step (c1) deactivating the inhibition means to allow cross-linking; and
- (d) optionally drying the coating on the sheet to remove excess liquid.
- 5 18. A method as claimed in claim 17, in which step (c2) comprises a change in pH.
  - 19. A method as claimed in any of claims 16 to 18, which comprises the further steps of:
  - (e) waiting until cross-linking has substantially been completed; and then
- 10 (f) applying a further coating onto the anchor composition.

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- 20. A method as claimed in claim 19, in which the further coat comprises an adhesive (optionally pressure-sensitive) and/or a metal layer (optionally aluminium).
- 15 21. A coated sheet obtained and/or obtainable by a method claimed in any of claims 16 to 20.
  - 22. A coated sheet according to any of claims 1 to 10 or 20, in which the sheet comprises a cellulosic material, polymeric material and/or thermoplastic polymer,
  - 23. A coated sheet according to claim 22, in which the sheet comprises a polyolefin, polyurethane, polyester, polyamides and/or non-hydrocarbon polymer and which is optionally oriented in at least one direction.
- 25 24. A coated sheet or coating composition substantially as described herein with reference to Example 1
  - 25. Packaging for an article, the packaging comprising a coated sheet as claimed in any of claims 1 to 10, 20 and/or 24.
  - 26. An article packaged with packaging as claimed in claim 25.
  - 27. A label and/or graphic art display comprising a coated sheet as claimed in any of claims 1 to 10, 20 and/or 24.
  - 28. An article comprising a label and/or graphic art display as claimed in claim 27.
- Use of a composition as claimed in any of claims 1 to 10, 20 and/or 24, for the purpose of coating a sheet to provide an improved anchor coating and/or heat resistance
  to said sheet and/or to subsequent coatings and/or layers thereon.